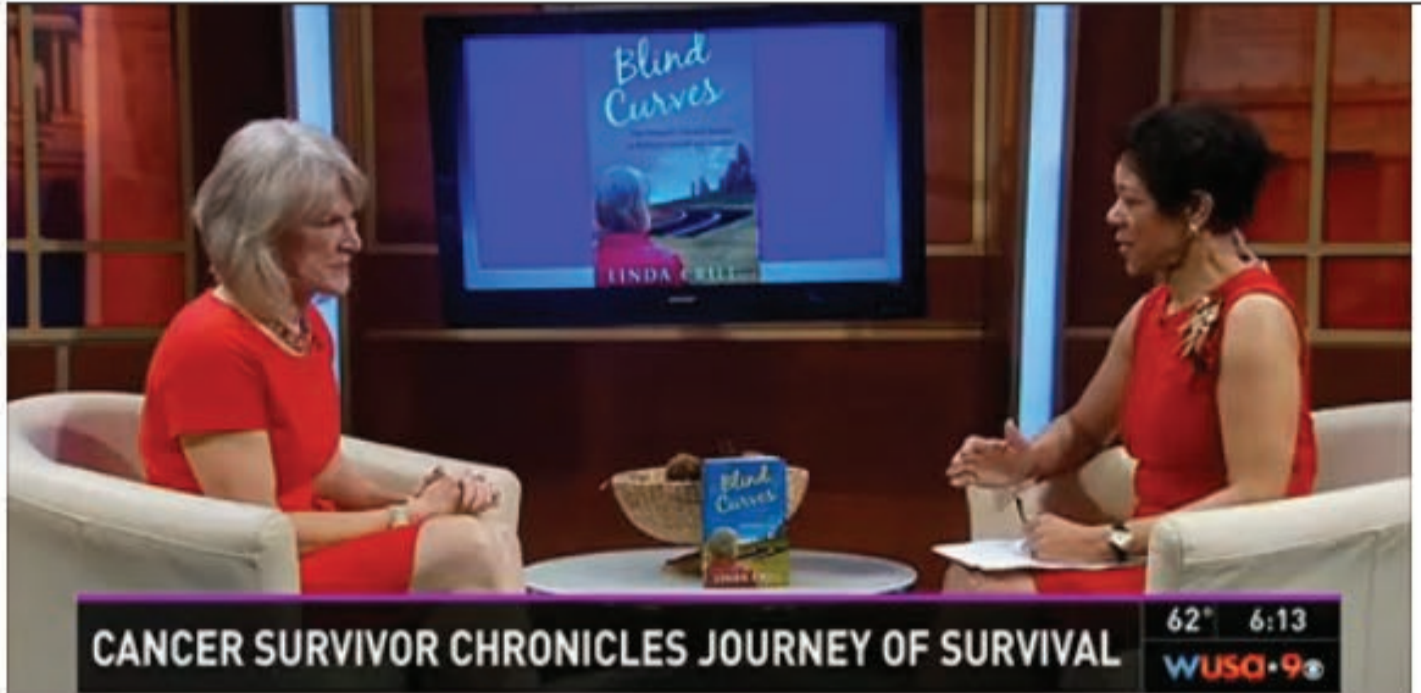


## Cancer Survivor Linda Crill Writes Book 'Blind Curves' About Journey Into Unknown

7:47 AM, Apr 9, 2013



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WASHINGTON (WUSA9) -- She was blindsided by life but she fought back by hopping on two wheels and hitting the highway. Linda Crill is a breast cancer survivor helping others to cope with the disease and life's unexpected happenings. Crill is doing that with her new book "Blind Curves."

You may recognize Linda because a year ago in March she was a Buddy Check 9 profile who was riding a motorcycle.

Her book didn't start out to be about Linda's breast cancer. It was about her husband, his cancer, the business they worked together to build and losing that.

Linda told us, "I didn't want to write a recovery book but I wanted to talk so many times after we go through the unwanted, unknown, unexpected, we get to that place where we're trying to move forward in life and nothing feels right. I followed all the traditional advice. I overachieved that, in fact, but it didn't work. So finally, I said ... I'm going to do the most opposite thing I can think of because I need

Linda had never ridden a motorcycle before but she signed up for a 2,500 mile ride.

"A friend of mine when I told him sarcastically that I would threaten to ride a motorcycle, he said, 'don't you know I organize trips? We're business executives for doctors, lawyers and we need you to be on the next trip.' And I'm going 'no, no, no.' Like a lot of us do. 'That's not me. I'm a road biker. I'm a greeny. I don't do motorcycles,'" recalled Linda.

But she did, and guess what?

"I loved it. When you're on a bike you smell, you taste and you feel the air around you. It's a unique high. But you also have to be very careful and have to learn how to do it well," said Linda.

As far as what people should take away from the book, Linda said, "Sometimes we try to use what we already know. Many times we have to open up the door that says 'not me.' We have to go out and keep trying new things. When life here isn't working, you go around the 'blind curve' because you hope what's on the other side is different and hopefully better. If you do enough blind curves, you end up with a wide variety of opportunities to open up life."

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